

Preparing for the Nativity of the Lord

The Nativity fast begins November 15th

Thanksgiving is fast free.

Nativity Fast

During the early part of the fast, the rule is identical to that of the Apostles' Fast. During the latter part of the fast, fish is no longer eaten on Saturdays or Sundays. In different traditions, this heightening of the fast may be for either the last week or the last two weeks.

Apostles' Fast

The rule for this variable-length fast is more lenient than for Great Lent.

Monday, Wednesday, Friday: Strict fast.

Tuesday, Thursday: Oil and wine permitted.

Saturday, Sunday: Fish, oil and wine permitted.

This is the rule kept by many monasteries during non-fasting season.

The Christmas-Theophany season in the Orthodox Church begins with a 40 day fast which begins on the Feast of the holy and all praised apostle Phillip. The first step is the encounter with the man Jesus. We are invited with Phillip and the disciples to “come and see”. If we want to come and want to see, we will. Like the first disciples, we will see “greater things” than we ever expected. We will see the “heavens opened and the angels of God ascending and descending upon the Son of man.” We will see Jesus as our Master, and will cry to Him: “Rabbi, You are the Son of God! You are the King of Israel!” And we will come to know Him for who and what He really is. But first we must come. For if we do not come, we will never see.

(Adapted from The Winter Pascha by Fr. Thomas Hopko).



SAINT BRENDAN THE NAVIGATOR EASTERN ORTHODOX MISSION *Anchored in Faith*

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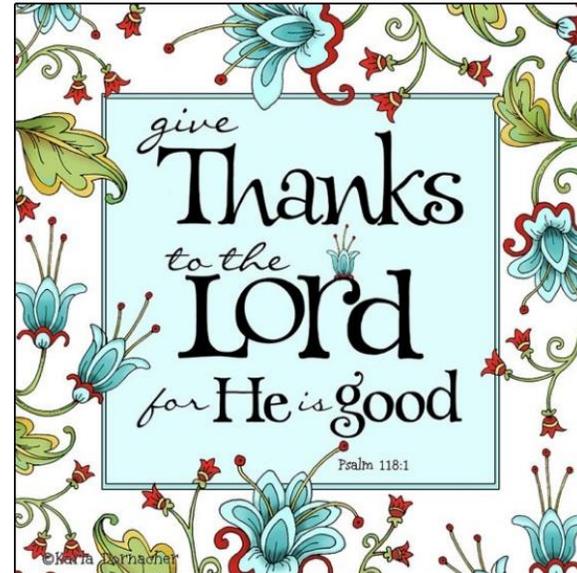
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November 2020



On being thankful

St. Paul: “Giving thanks always for all things.”

St. John Chrysostom: Let us give thanks to God continually..

Let us give thanks to God continually. For it is outrageous that when we enjoy His benefaction to us in deed every single day, we do not acknowledge the favor with so much as a word; and this, when the acknowledgment confers great benefit on us. He does not need anything of ours, but we stand in need of all things from Him. In-point-of-fact, thanksgiving adds nothing to Him, but it brings us closer to Him. For if, when we recall the benefactions of men, we are the more warmed by affection for them; much more, when we continually bring to mind the benefits of the Master towards us, shall we be more earnest with regard to His commandments.

For this cause Paul also said, Be ye thankful. For the best preservative of any benefaction is the remembrance of the benefaction, and a continual thanksgiving for it.

+St. John Chrysostom, Homily 25, Homilies on the Gospel of St. Matthew

Please pray for...

The growth of our Mission

For our Country

Persecuted Christians in Ethiopia and throughout the world

Welcome, Guests!

We are very pleased that you have joined us today. Please note that reception of the Holy Eucharist is only for baptized members of the Orthodox Church who have prepared to receive the Gifts with fasting and confession.

Blessed bread is available for each family- please take the first bag that you touch from the bowl following receipt of the Gifts.

Guidelines for Holding Services

We have been blessed to distribute antidoron via the small bags- please take the one you touch for yourself and your family. For the protection of our vulnerable members, please continue to wear masks during services.

If you have any question about it being safe for you to attend services, please contact Fr. Kevin: frkejelian@gmail.com/503-467-8360.

November Schedule of Services

31st 11:00 am Parish Council meeting
4:00 pm Catechism (Part 2: Matins)
5:00 pm Great Vespers

1st 8:30 am Matins
10:00 am Divine Liturgy

Annual meeting following the Liturgy

7th 5:00 pm Reader's Vespers

8th 10:00 am Typica Service

14th 4:00 pm Catechism
5:00 pm Great Vespers
15th 8:30 am Matins
10:00 am Divine Liturgy
Nativity fast starts today